

Centerville School Breakfast and Lunch Menu September 2017

Monday Breakfast starts at 7:45 and all students are welcome to it. <u>If your student rec a reduced price lunch they automatically may have a free breakfast!</u>	Tuesday Try the **TASTES OF THE MONTH September: Tomatoes and Apples	Wednesday 3 B: Yogurt, granola bar, bananas, milk **applesauce** ----- Lunch: Fish sticks, French Fries, O.J. Cucumbers, Milk, Brownie	Thursday 3 B: Cereal, juice cups, pears, cucumbers, milk ----- Lunch: Teriyaki dippers, rice, carrots, celery, raisins **applesauce** milk	Friday 1 B: Fun Cereals, veggies**applesauce* cantaloupe, milk ----- Lunch: ** Deluxe salad** Pizza, pears, pudding blueberries, milk
5	6	7	8	9
No School	B: Cereal, juice, veggies, peaches, milk ----- Lunch: Chicken Chili+ tort chips, **salad** bananas, milk, **apple cobbler**	B: Yogurt, bananas blueberry muffins, cereal, milk ----- Lunch: Tuna + crackers, carrots**tomatoes peaches, fruit salad milk	B: Breakfast wrap, veggies, cereal, milk **apple slices** ----- Lunch: Chicken nuggets, baby bakers, grapes cauliflower, nectarines milk	B: Bagel pizza, Fun cereals, pears, milk ----- Lunch: Pulled pork sandwich, coleslaw, broccoli, strawberries, oranges, milk
11	12	13	14	15
B: Cereal, cheese stick, **apples** milk ----- Lunch: Teriyaki chicken, rice,veggies + raisins nectarines, raisins milk	B: Cereal, fruit salad Hard boiled egg, milk blueberries ----- Lunch: **Chef Salad** carrots, roll, melon **apples** milk, banana bread	B: Breakfast wrap, cereal, **apples** milk ----- Lunch: Salisbury steak, mashed potatoes - gravy, green beans roll, fruit tray, milk,	B: Banana bread, cereal, fruit salad, milk ----- Lunch: **Spaghetti** **green salad** oranges, pears, milk	B: Fun cereals, pears, oranges, milk ----- Lunch: Biscuits + gravy, eggs, bell peppers, O.J. peaches, milk celery sticks
18	19	20	21	22
B: Cereal, yogurt oranges, milk ----- Lunch: Egg salad + crack power peas, vegg tray, oranges, milk	B: Cereal, pears, sausage, carrots, milk ----- Lunch: **Favorite Apple Student Vote yogurt sundaes, baby bakers, cucumbers bananas, milk	11:45 release B: French toast, cereal**applesauce** milk ----- Lunch: Corn dogs, carrot + celery sticks raisins, pears, oatmeal cookies, milk	B: Cereal, pears, juice, muffins,milk ----- Lunch: Chicken patt sandwich, salad, salad, peaches, grape milk, jell-o	B: Fun cereals, cantaloupe, milk ----- Lunch: Enchiladas, beans and rice, south west corn, fruit salad, milk
25	26	27	28	29
B: Cereal, pears, milk ----- Lunch: Breakfast wraps, peppers, **tomatoes** fruit salad, milk	B: Cereal, O.J. milk, bananas ----- Lunch: Lasagna, salad, bell peppers, peaches, **applesauce** milk	B: Granola bars, cereal, **apples** milk ----- Lunch: Hamburger french fries, veggie tray, fruit salad, milk, berry crisp	B: Cereal, muffins, oranges, milk ----- Lunch: Grilled cheese **vegetable soup** salad, peaches, grape milk,	B: Fun cereal, veggies **applesauce** milk ----- Lunch: Pig in a blanket baked beans, salad, x-ray vision carrots, raisins,pears, milk

Centerville School is an equal opportunity provider and employer.
 Menu is subject to change.