

Centerville Breakfast/Lunch Menu November 2016

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 31 <i>Breakfast:</i> cereal, scrambled eggs, english muffin, fruit salad, milk <i>Lunch:</i> Taco Salad Beans & Rice, Apple Pie, Carrots, Milk Cho&Reg | 1 <i>Breakfast:</i> cereal, wraps, tater tots, pears, milk <i>Lunch:</i> Yogurt & Granola Sundae Celery sticks, Bananas, milk | 11:45 Release 2 <i>Breakfast:</i> pancake bananas, carrots, ham, milk <i>Lunch:</i> Fish sticks, French Fries, Pears, Milk Cho&Reg Oatmeal Cookies | 11:45 Release 3 <i>Breakfast:</i> granola bar, celery sticks, orange slices, milk yogurt <i>Lunch:</i> PBJ burrito Celery w/Cheese Strawberries, Milk Cho&Reg | 11:45 Release 4 <i>Breakfast:</i> cereal, muffin, peppers, banana, milk <i>Lunch:</i> Pigs in a blanket, oranges Cauliflower & Broccoli, Milk, Jell-o |
| 7 <i>Breakfast:</i> cereal, pancakes, apples, carrots, milk sausage <i>Lunch:</i> Spaghetti, Salad, Grapes, Peppers, Milk Cho&Reg | 8 <i>Breakfast:</i> cereal, muffins, bananas, celery sticks, hard boiled egg, milk <i>Lunch:</i> BBQ Pork sandwich, Baked Beans, Coleslaw, Pineapple, Milk | 9 <i>Breakfast:</i> cereal, bagel pizzas, cucumbers, apple sauce, milk <i>Lunch:</i> Chicken Nuggets, Corn, Green Beans, Apple Milk, Brownie | 10 <i>Breakfast:</i> cereal, yogurt sundae, orange juice, fried potatoes, milk <i>Lunch:</i> Chef Salad Roll, Oranges, Pudding, Milk | 11 Veterans Day No School Thank you for your Service! |
| 14 <i>Breakfast:</i> yogurt, cereal, applesauce, toasted muffin, peppers, milk <i>Lunch:</i> Burgers, French Fries, Peach, Milk Cho&Reg | 15 <i>Breakfast:</i> cereal, oatmeal, bananas, milk, cucumbers <i>Lunch:</i> Biscuits & Gravy, Scrambled Eggs, Peppers, OJ Milk | 11:45 Release 16 <i>Breakfast:</i> cereal, pancakes, sausage, carrots, OJ, milk <i>Lunch:</i> Pizza, Salad Oranges, Jell-o, Milk, Cookie | 17 <i>Breakfast:</i> cereal, biscuits & gravy, melon, peppers, milk <i>Lunch:</i> Chicken Alfredo, Celery & Carrot sticks, Fruit Salad, Milk Cho&Reg | 18 <i>Breakfast:</i> cereal, scrambled eggs, toast, cucumbers, applesauce, milk <i>Lunch:</i> Chili, Cornbread, Applesauce, Salad, Milk, Milk Cho&Reg |
| 21 <i>Breakfast:</i> cereal, wraps, pineapple, hash browns, milk <i>Lunch:</i> Teriyaki Chicken and Rice, Stir Fry Veggies, Apple slices, Milk Cho&Reg | 22 <i>Breakfast:</i> cereal, oatmeal, hard boiled egg, celery, apple, milk <i>Lunch:</i> French, toast cake, Juice, Peppers, Sausage, Peppers, Baby Bakers, Milk | 23 <i>Breakfast:</i> cereal, pancakes, scramble egg, peppers, juice, milk <i>Lunch:</i> Taco Salad, Refried beans, Fruit Salad, Milk Cho&Reg Apricot Crisp | THANKSGIVING BREAK NO SCHOOL | |
| 28 <i>Breakfast:</i> cereal, pancakes, bacon, celery, pear, milk <i>Lunch:</i> Egg Salad Crackers, Pea Pod Fruit Cobbler, Milk Cho&Reg | 29 <i>Breakfast:</i> cereal, B&Gravy, peppers, applesauce, milk <i>Lunch:</i> Chicken Taco Soup, chips Salad, Apples, Cornbread, Milk | 30 <i>Breakfast:</i> cereal, french toast, melon, cauliflower, milk <i>Lunch:</i> Stroganoff, Rice, Salad, Pears, Candied Carrots, Milk Cho&Reg | | |